

TIME TABLE
MAHARAJA LAKSHMAN SEN MEMORIAL COLLEGE, SUNDERNAGAR
DEPARTMENT OF PHYSICAL EDUCATION (BPE & B.P.Ed.)
Session 2021-2022
w.e.f. 1 September 2021

Timing	BPE 1st Semester	BPE 3rd Semester	BPE 5th Semester	B.P.Ed. 1st Semester	B.P.Ed. 3rd Semester
	Room No 2 (Sp.Com.)	Room No 1 (Sp.Com.)	Room No 4 (Sp.Com.)	Room No 6 (Sp.Com.)	Room No 8 (Sp.Com.)
10.00-11.00	Human Anat. & Phy.- I (Mr. Surjeet) (1-4)	Methods in Phy. Edu. (Ms. Kamlesh) (1-4)	Sports Injuries (Mr. Dezu Rattan) (1-3)	Olympic Movement (Mr. Anil Guleria) (1-3)	Sports Psy. & Soc. (Ms. Rajni) (1,2,5)
11.00-12.00	History of Phy.Edu & Sp (Mr. Dezu Rattan) (2-5)	Fund. of Biomech. in sports (Ms. Rajni) (2-5)	Sports Sociology (Mr. Anil Guleria) (2-5)	Human Anty. & Phy. (Mr. Surjeet) (2-5)	Sports Training (Mr.Lokesh) (1-5)
12.00-01.00	Phi. & Adm. Of Recre. (Ms. Kamlesh) (3-5)		Kinesiology (Ms.Rajni) (1-4)	History of Phy.Edu & Sp (Mr. Dezu Rattan) (1,3,4,5)	Offi. & Coaching (Mr. Anil Guleria) (1,2,4,5)
01.00-02.00		Yoga (Mr. Surjeet) (1,4,5)	Specializatiion in Kho Kho (Mr. X) (3,4,5)	Health Education (Ms. Kamlesh) (1,2,4,5)	
			Specializatiion in Basket Ball (Mr. X) (1-2)		Comp. App. in P.Ed. Ms. Pooja Thakur (3-6)
02.00-03.00	Hindi Compulsory (Dr. Kavita) (1-4)				

Note :- On every Saturday there will be Inter mural competitions from 8:00 a.m. to 12:30.p.m.



Central Time Table Incharge



Co-ordinator



PRINCIPAL